

Emotion

Emotions learned & created in culture

Start as a physical sensation which gets storied by
observer – associated with Actions & Performance with
verbal &

non-verbal expression - facial & bodily

Emotions and symptoms are an invitation to someone to
do something eg sadness maybe – care for me, love
me

Moral judgement eg People should be loved

Stories

Choice choose which emotion you express

Once responded to – emotion goes

Aristotle

- **Feeling** - no moral relevance eg breathing or digestion or butterflies
- **Emotion** - arises from moral judgements
- Action impelled from emotion must bare a coherent relationship to judgement itself

Examples

- - Anger
Moral judgement - injustice, humiliation
Invitation - do something to restore my dignity.
 - Guilt -
Moral Judgement - realisation that one has broken a taboo. Taboos are often authorities without reason → harm done.
Invitation to take responsibility and then take necessary appropriate action – guilt goes.
 - Embarrassment
Moral Judgement - Inability to maintain one's social identity in a social situation.
Loss of self esteem in the situation
Invitation: Give me some dignity
- **Sadness**
Moral Judgement I feel I have been abandoned/feel alone
Invitation Please care about me

Child of 8 who had been diagnosed ADHD.

- Was smashing up class room – threatening teachers + other children seen as violent + angry.
Angry. Angry. Angry.
- Moral Judgement in all contexts – **IT IS NOT FAIR**
- Mum + Dad : Ashamed of me .
Invitation : See me. I am not always bad – see my good side.
- Teachers : Shout at me.
Invitation Talk nicely to me. I am not a dog!
- Friends: Ignore me/tease me.
Invitation: Play with me.

Network Meeting

- Meeting with network – teachers/friends/parents
- To Ability and Skill Spot & to Create a Future.
- How could he invite people to respect his sense of unfairness by explaining to them rather than through violently acting out his anger.
- What will each participant have to do to respect his sense of unfairness
- What will he have to do to get the respect he is wanting